

STACEY HINES

MBA | FBCS

- **CEO/FOUNDER**, EPIC TRANSFORMATION
- **PROFESSIONAL & MOTIVATIONAL SPEAKER**
- PODCASTER **#BALANCEDLADYBOSS**

AUTHOR

WELLNESS ADVOCATE
TRANSFORMATIONAL COACH





STACEY HINES

Stacey Hines is an **author, speaker, executive and CEO/founder** of Epic Transformation. She is a Caribbean tech sector leader with global leadership experience in public, private and non-profit sectors. Her commitment to women in leadership and the technology industry is evidenced in her numerous awards, most recently including the **Woman of Impact Award from the High Commission of Canada in 2023**. She was also appointed as the **first Jamaican IT Fellow** by the Chartered Institute of IT Professionals of the UK (BCS) in 2022, selected as the second female president of the Jamaica Computer Society in its 47-year history and selected as one of the Top 50 Caribbean Women in Tech in 2021.

She has worked in tech C-Suite and specialist roles in the US and Canada and managed technology product portfolios with partners in Australia, Germany, India and Africa. Her last few years have been spent in the Caribbean, where she has honed her skills as a **strategist, business and digital transformation expert and leadership performance coach**. She is an angel investor with First Angels JA and an entrepreneur advocate who serves on multiple boards.



A WOMAN IN LEADERSHIP AND A DIGITAL TRANSFORMATION EXPERT, STACEY CONSULTS THROUGH HER COMPANY, **EPIC TRANSFORMATION**. HER PASSION LIES IN SUPPORTING WOMEN, IN LIVING, LOVING AND LEADING LIVES FROM A PLACE OF WELLNESS. SHE ALSO LOVES HOSTING HER PODCAST **"THE BALANCED LADY BOSS SHOW"**, WHERE SHE SHARES WITH WOMEN TOOLS FOR BOSSING THE BOARDROOM, BEDROOM AND THEIR BLISS. SHE'S A PUBLISHED AUTHOR AND PUBLIC SPEAKER WHO MOST RECENTLY PUBLISHED HER PERSONAL PHOTO MEMOIR, 5 YEAR LOVE AFFAIR, AND A DECK OF **DAILY INTENTION CARDS** TO SUPPORT MENTAL WELLNESS IN ADULTS AND CHILDREN.

PROFESSIONAL CERTIFICATIONS

- Certified Strategist, OKR Trainer & Coach
- Certified Prosci Change Management Practitioner
- Certified Technology Product Strategist & Marketer
- Certified Mindfulness Coach; Enneagram Expert
- Trained in Conscious Leadership Development Principles

SPEAKER | PODCASTER



Stacey believes that motivation is an intrinsic skill within us that can be nurtured and unleashed with intention and inspiration. It is with this perspective that Stacey curates messages for a wide variety of audiences.

As a speaker and podcaster, Stacey shares her message via workshops, panels and keynotes on professional and personal topics. She aims to translate complex or challenging topics into everyday conversations for her audience. She has done this for large corporates like LinkedIn and NYC and for small companies like The American International School of Kingston.

HERE ARE A FEW OF STACEY'S SPEAKING & HOSTING EXPERIENCES



TECHNOLOGY, WOMEN IN BUSINESS & LIFE TRANSFORMATION

- Build Wealth with Real Estate Conference
- Canadian High Commission Honoring Women
- Women in Law: Equity Matters
- KPMG DigitALL Speaker Women's Day
- BizTech Caribbean 2022: 3-Day Hybrid Tech Conference
- NCB Merchants Fraud Summit
- Grace Kennedy Leadership Summit
- Being Balanced Bosses Brunch - Atlanta, USA
- Memphis Breast Cancer Consortium - Tennessee, USA
- LinkedIn's TransformHER conference - New York, USA
- Audicon AML Tech Conference - Germany

THE BALANCED LADY BOSS PODCAST

- The Balanced Lady Boss show helps professional millennial women live, love and lead holistically to enjoy their success and avoid being overwhelmed and burnt out. The podcast is in its fourth season and has amassed over 13,000 downloads. The show seeks to create an open dialogue around common challenges working women face and has evolved into a video and audio production.



AUTHOR | WELLNESS ADVOCATE



- In 2010, Stacey experienced a dramatic and tragic shift in what would have once been considered “the American Dream” life. She was diagnosed with breast cancer, thrust into relocating countries for the second time, separated from her husband and battled clinical depression, all while being a tech exec and the mother of 3 young children.
- True Survivor Story of overcoming cancer, mental illness and divorce. A 5-star rated book on Amazon, 5 Year Love Affair is a moving personal photo memoir that captures the transformation journey of a 34-year-old woman. This sparked the wellness for women in corporate advocacy focus that is now a key aspect of how Stacey lives and leads. It is also the inspiration for her signature training program for women in business, Femme Powered.



TRANSFORMATION CONTENT WRITER

Stacey creates Leadership Development and Digital Transformation content via various platforms, primarily LinkedIn, newspapers, and her own newsletter, Digital Transformation Secrets.



EPIC INTENTIONS

After her own struggle with mental illness, Stacey wanted to help others who were dealing with depression, anxiety and high levels of stress, as she did for many years of her life.

It's time to let go of negative, stressful, controlling mind trips and step into powerful thinking. Learn the simple and intuitive way to set powerful intentions with Stacey's intention cards and experience deep joy, peace of mind, abundance and lasting moments of happiness.



BOOK STACEY HINES

Motivational & Professional Speaker | Wellness Advocate |
Transformational Coach | Woman in Tech | Author



BOOKING AGENT

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